



Celtic COVID-19 Guidelines

The Celtic Board has approved the following guidelines for club activities that are conducted during the COVID-19 pandemic:

- All Celtic coaches have reviewed and considered the CDC guidance on consideration for youth sports during the COVID-19 pandemic: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>
- The primary point of contact for any questions relating to COVID-19 and the Celtic club is Tom Wilson. Tom can be reached at coach.tom@celticssc.com
- At the beginning of the first practice of each session, all coaches will go over with the players the symptoms of COVID-19, when to stay home, social distancing, covering coughs or sneezes with a tissue or elbow, and proper hand washing and hand sanitizing.
- Parents are asked to review the following information regarding COVID-19:
<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/index.html>
- Parents should monitor their children for symptoms prior to any sporting event. Any player who is sick or showing symptoms must stay home.
- Parents are asked to advise their Celtic coach and/or Tom Wilson if their child is at a higher risk for severe illness.
- Players or their parents must complete the health check on TeamSnap before each practice.
- Coaching staff and/or parent volunteers for each Celtic team will screen and monitor all players for symptoms during practices and games. If anyone shows any symptoms of illness, has a temperature of 100.4 degrees or higher, or is sick, s/he will be sent home.
- All coaching staff, players, and other adult personnel will always wear face coverings, unless doing so jeopardizes their health. Face coverings are not intended to protect the wearer, but rather to reduce the risk of spread from the person wearing the mask (who may not have any symptoms of disease).
- No parents or spectators on the sidelines, field, or bench area during practice. When parents or spectators are at club activities, they should maintain social distancing and wear face coverings unless they are with persons from their own household and are

sufficiently socially distanced. Nonessential visitors, spectators, and volunteers should be limited if possible.

- Parents should avoid car-pooling as much as possible. If car-pooling is unavoidable, parents and players should wear face coverings while in the car.
- Coaches will emphasize drills and/or game play that encourages social-distancing and spacing.
- Players should NOT bring their own soccer balls to practice. Celtic will provide the equipment necessary for practice, which will be disinfected with a cleaning agent after every training. Disinfection will include spraying down all balls, cones and any other equipment used during the training session.
- All players, coaches, and officials must bring their own water and drinks. No team water coolers or fixed water fountains will be used.
- To the extent possible, no sharing of equipment, including, but not limited to, soccer balls and pinnies. Players should bring a light and dark shirt to practice.
- Coaches and players will maintain appropriate social distancing at all times possible, including on the field and sidelines. During down time, coaches and players should do their best to maintain social distance.
- All unnecessary physical contact with teammates, other players, coaches, officials and spectators should be limited.
- No chewing gum, spitting, licking fingers, or any other activity that increases the risk of exposure to saliva is permitted.
- No shaking hands, fist bumping, or high fives.
- No sharing of towels, clothing, or other items that may be used to wipe hands or faces.
- Only coaches or other adults will move goals or touch other large equipment in order to limit contact and/or exposure to such equipment and such equipment will be sanitized after each training to the extent possible.
- Celtic coaching staff will have hand sanitizer that contains at least 60% alcohol available.
- The club has developed a plan of action in the event that an athlete, coach, or official is diagnosed with COVID-19, which is attached to these guidelines. Parents are asked to review this plan.

For indoor training:

- All players, **at all times**, will be required to wear masks. [Section 2B of the Secretary of Health's Order](#) requires a face covering "for any indoor location where members of the public are generally permitted."
- Players or their parents must complete the health check on TeamSnap before each practice.
- Celtic will be renting out the entire dome for our Futsal sessions, no other sports groups will be in the facility while Futsal is being played.
- All players, coaches, and officials must bring their own water and drinks. No team water coolers or fixed water fountains will be used.
- Groups/training sizes will be kept to 15 players per court.
- Training sessions will start 15 minutes past the hour to allow for any previous groups to fully vacate the dome prior to starting practices.
- **Parents are not permitted in the dome or facility at any time.** Parents will have to drop off their player(s) and pick them up. Parents are not permitted to stay in the dome or in the waiting area.