



Celtic COVID-19 Guidelines

The Celtic Board has approved the following guidelines for club activities that are conducted during the COVID-19 pandemic:

UPDATE: 7/2/220

Please note that last night Governor Tom Wolf issued a new requirement that face coverings must be worn if you are outside and cannot consistently maintain the social distancing requirement of being six feet apart from persons not members of your household. See section 2.A on page 3 of this link.

<https://www.governor.pa.gov/wp-content/uploads/2020/07/20200701-SOH-Universal-Face-Coverings-Order.pdf>

We have been working hard with our coaching staff in trying to make sure that we are developing training programs that allow our players to social distance and maintain healthy spacing. However, please be aware that if a drill or situation would be implemented that does not provide proper physical distance, our coaching staff has been instructed to make sure proper face coverings are worn. Players must bring their mask to the field.

- All Celtic coaches have reviewed and considered the CDC guidance on consideration for youth sports during the COVID-19 pandemic:
<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>
- The primary point of contact for any questions relating to COVID-19 and the Celtic club is Tom Wilson. Tom can be reached at coach.tom@celticssc.com
- At the beginning of the first practice of the Summer session, all coaches will go over with the players the symptoms of COVID-19, when to stay home, social distancing, covering coughs or sneezes with a tissue or elbow, and proper hand washing and hand sanitizing.

- Parents are asked to review the following information regarding COVID-19:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/index.html>

- Parents should monitor their children for symptoms prior to any sporting event. Any player who is sick or showing symptoms must stay home.
- Parents are asked to advise their Celtic coach and/or Tom Wilson if their child is at a higher risk for severe illness.
- Coaching staff and/or parent volunteers for each Celtic team will screen and monitor all players for symptoms prior to and during practices and games, including, but not limited to, taking each player's temperature with a no-touch thermometer. If anyone shows any symptoms of illness, has a temperature of 100.4 degrees or higher, or is sick, s/he will be sent home.
- No player should enter the field until his/her temperature has been checked. Players must wear a mask and maintain social distancing while waiting to be temperature checked. Mask can be removed when they reach the field.
- No parents or spectators on the sidelines, field, or bench area during practice. When parents or spectators are at club activities, they should maintain social distancing and wear face coverings. Nonessential visitors, spectators, and volunteers should be limited if possible.
- All coaching staff, other adult personnel, and parents will wear face coverings at all times, unless doing so jeopardizes their health. Face coverings are not intended to protect the wearer, but rather to reduce the risk of spread from the person wearing the mask (who may not have any symptoms of disease).
- Parents should avoid car-pooling as much as possible. If car-pooling is unavoidable, parents and players are encouraged to wear face coverings while in the car.
- Coaches will emphasize drills and/or game play that encourages social-distancing and spacing.
- Players should NOT bring their own soccer balls to practice. Celtic will provide the equipment necessary for practice, which will be disinfected with a cleaning

agent after every training. Disinfection will include spraying down all balls, cones and any other equipment used during the training session.

- All players, coaches, and officials must bring their own water and drinks. No team water coolers or fixed water fountains will be used.
- To the extent possible, no sharing of equipment, including, but not limited to, soccer balls and pinnies. Players should bring a light and dark shirt to practice.
- Coaches and players will maintain appropriate social distancing at all times possible, including on the field and sidelines. During down time, coaches and players should do their best to maintain social distance.
- All unnecessary physical contact with teammates, other players, coaches, officials and spectators should be limited.
- No chewing gum, spitting, licking fingers, or any other activity that increases the risk of exposure to saliva is permitted.
- No shaking hands, fist bumping, or high fives.
- No sharing of towels, clothing, or other items that may be used to wipe hands or faces.
- Only coaches or other adults will move goals or touch other large equipment in order to limit contact and/or exposure to such equipment and such equipment will be sanitized after each training to the extent possible.
- Celtic coaching staff will have hand sanitizer that contains at least 60% alcohol available.
- The club has developed a plan of action in the event that an athlete, coach, or official is diagnosed with COVID-19, which is attached to these guidelines. Parents are asked to review this plan.